



AASH

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Associated Alumnae & Alumni of the Sacred Heart

Greetings to all in the Southern Region!

No doubt many of you are rethinking and recalculating your New Year Resolutions list as am I now that February is here. This is a good time to recycle, especially your 2017 New Year's resolutions. Recycling is a good thing!

On behalf of the AASH Board, I thank you for submitting the 2017-2019 AASH Board, the Cor Unum Awards for each region and the Maryliz DeVito Lincoln Generosity and Service Award nominations. These are currently in the January edition of the Esprit de Coeur.

The AASH regional meetings were a wonderful success with great attendance. For those of you who have not attended, these meetings include time for business, current events and regional round-up sharing from our many alumnae/i chapters of which there are 16 on our region!

Our Southern Regional Conference was chaired by Dede Sheehan Brunetti and her wonderful committee in St. Louis with the theme "Remembrance and Renewal-In the Land of Philippine". We began, most appropriately, with a visit to Florissant where the Shrine to St. Rose Philippine Duchesne resides and Sister Bunch gave an overview of the first Sacred Heart school and convent. Our tour was followed by delightful libations and appetizers. Saturday we went to Villa Duchesne for a welcome by Head of School, Michael Baber, breakfast, business meeting and then an alumnae panel discussion "Sacred Sharing-Stories of Personal & Professional Renewal in the Spirit of Philippine" which spoke to the powerful message of inner strength the Sacred Heart has instilled in each of us. After a delicious lunch at Villa we headed to the St. Louis Art Museum for a special tour by an alum, Dette Geiselman Reh. We went to Mass at the Cathedral Basilica which has the largest collection of mosaics in the world and includes the mosaics done by Hildreth Meiere, AASH Past President '57-'59. AASH had reserved seating near the mosaic of Philippine Duchesne. A memory to be held dear to all who saw the beauty in the Basilica. We were then off to dinner which was hosted by Jeanne Burke O'Fallon and Mary Grace O'Shea Kaufman at Mrs. Kaufman's beautiful Elizabethan style, World's Fair era home built in 1905. Our Conference was wonderful and very fulfilling spiritually, mentally and physically – a good time was had by all! Thank you again to all who worked on and those who came to make it a successful Conference.

I attended the Eastern Regional Conference in Washington, DC themed "May the Light Shine in Our Hearts" and held at the Georgetown University complex. It too had a great turnout and the post response was very positive. For more details regarding the other three regional conferences please go to our AASH website: www.aashnet.org.

We can never say it enough but thank you to all the Associations who have submitted your dues to the AASH: your support is critical to our efforts. Also, a "Donate" link can be found on the upper right hand of the home page for a personal donation.

As your Regional Director, I have visited some more of the associations this Fall including a return to the Triangle Alumnae/i Association in North Carolina where their co-chair, Barbara Z. Stickford, gave a report about the Southern Regional Conference which she attended. She also shared booty from the Conference-the delicious, beautifully decorated AASH embossed cookies!

While in Phoenix, AZ I had the pleasure of meeting Esther Mariassy Kmetty, one of the stars in The Legacy Project film and 2014 AASH Hospitality Liaison to AMASC and Maureen Elliott from Vancouver SH alumnae. We had a fun time over brunch.

I went home to Houston in December and again traveled with Duchesne Academy of the Sacred Heart Houston alums to the Grand Coteau Sacred Heart Academy "Coteau at Christmas". We

enjoyed connecting with other alums and I met the Head of School, Dr. Yvonne Adler, who is full of vim and vigor! How fortunate for Grand Coteau to have her there.

The Alumnae of the Sacred Heart of San Antonio Association held their annual Christmas luncheon meeting/retired RSCJ fundraiser auction at The Argyle, an historical and elegant club. Anne Caire, RSCJ of Duchesne, Houston, and I drove to San Antonio to attend the luncheon with 35 of their members. We had great conversations and made many new friends. Sr. Caire was very familiar with most of the members having travelled numerous times to their luncheons in the past with some of the Duchesne Houston alums. A good time was had by all.

Regional news:

The Southwest Florida AASH is having their annual luncheon on March 4 at the Imperial Golf Club in North Collier County. All are welcome to attend who are in the area. For more information contact Carla Grieve (239-566-7680 cmgfl@naples.net).

The Triangle AASH is having their St. Patrick's Day luncheon on March 18 and is hosted by Carla Finnegan (how appropriate!) at her home in Apex, North Carolina. All are welcome who are in the area. For more information contact Carla Finnegan (919-500-3074 carlafinnegan1003@gmail.com).

The Treasure Coast AASH meet at Mass on First Fridays and then have lunch at one of the member's club. For more information contact Marieclare Nicholson Beggy (722-234-8111 mcanddjbeggy@aol.com).

Please let me know of any information/news your Associations would like others to know and I will be glad to share with everyone in our southern region.

Our RSCJ's have created a year of prayer starting November 18, 2017 through November 18, 2018 for the bicentennial celebration of St. Philippine Duchesne. A Global Service Day will be held on September 15, 2018 and will start in New Zealand and continue to our Sacred Heart network all around the globe. More information can be obtained by visiting the RSCJ.org website.

The National AASH Conference will be held in San Francisco from April 27 – 30, 2017 and the 3 Sacred Heart schools in the area are creating a wide variety of dazzling events like no other and it promises to have something for everyone! Please refer to the January Esprit de Coeur for all the exciting venues, information and details needed to attend.

I hope everyone is keeping up with Sacred Heart alum friends and if you need contact information just ask me. I am headed to Florida to visit the AASH Associations there and I will report to you how everyone is in my next letter.

In one Heart,



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