

October 2018 Elementary Lunch Menu



Salisbury Steak Mashed Potatoes w/Gravy Carrot Soufflé Chilled Pineapple Southern Butter Roll Milk Breaded Chicken Sandwich lett/tomato/pickle Fries/Fruit milk	Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Cinnamon Roll Milk Grilled Cheese sandwich corn/fries fruit milk	Mediesday Meatsauce Spaghetti Cauliflower w/Cheese Chilled Applesauce Garlic Roll Milk Hamburger on bun lett/tom/pickle Cauliflower w/Cheese fruit/milk	Red Beans Rice Chicken Smackers/Sausage Links Popeye Salad Chilled Strawberries French Bread Milk chicken nuggets w french bread baked beans/popeye salad fruit	Priday 5 Professional Development No Classes
Fall Holiday No Classes	cinn roll Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Peaches Cinnamon Roll Milk hamburger on bun lett/tomat/pickle fries fruit/cinn roll milk	Lasagna Creamed Spinach Chilled Mandarin Oranges Garlic Roll Milk cheese pizza Creamed Spinach fries fruit	milk White Beans Rice Chicken Smackers/Sausage Links Cauliflower w/Cheese Chilled Pears Cornbread Milk breaded chicken on bun lett/tomato/pickle baked beans/fries fruit milk	Shepherds Pie Italian Salad Chilled Tropical Fruit Southern Butter Roll Rice Krispie Milk italian salad chicken nuggets w roll fries/fruit Rice Krispie milk
Beef Stew Rice Carrot Soufflé Seasoned Green Beans Chilled Pineapple Southern Butter Roll Milk breaded chicken on bun lett/tomat/pickle fries/fruit milk		Meatsauce Spaghetti Broccoli w/Cheese Chilled Pears Garlic Roll Milk Chicken nuggets w roll Broccoli w/Cheese NUTRITION DAY-Summer Squash fries/fruit milk	Red Beans Rice Chicken Smackers/Sausage Links Caesar Salad Chilled Applesauce French Bread Milk hamburger on bun lett/tomato/pickle baked beans/fries fruit milk	Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Chilled Peaches Southern Butter Roll Brownie Milk cheese pizza peas/fries fruit milk Brownie
Chicken Nuggets Mac and Cheese Glazed Carrots Seasoned Green Peas Chilled Applesauce Southern Butter Roll Milk Pepperoni Calzonetts fries/8fruit glazed carrots milk	Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Cinnamon Roll Milk Chicken nuggets w roll fries/fruit cinn roll milk	Meatballs and Red Gravy Spaghetti Broccoli w/Cheese Chilled Peaches Garlic Roll Milk breaded chicken on bun lett/tomt/pickle Broccoli w/Cheese fries/fruit milk	White Beans Rice Chicken Smackers/Sausage Links Caesar Salad Mandarin Oranges Cornbread Milk cheese pizza baked beans/fries fruit milk	Shrimp Archie Italian Salad Seasoned Green Beans Chilled Strawberries Southern Butter Roll Yellow Cake Milk hamburger on bun lett/tomt/pickle fruit/fries yellow ckae milk
Salisbury Steak Mashed Potatoes w/Gravy Carrot Soufflé Chilled Pineapple Southern Butter Roll Milk breaded chicken on bun lett/tomaot/pickle fruit/fries milk	Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Cinnamon Roll Milk grilled cheesse sandwich con/fries fruit/cinn roll milk	Meatsauce Spaghetti Cauliflower w/Cheese Chilled Applesauce Garlic Roll Milk hamburger on bun lett/tomt/pickle Cauliflower w/Cheese fries milk HAAPPY HALLOWERN	NATIONAL SCHOOL LUNCH WEEK OCTOBER 15-19, 2018 School lunch	school lunch lots 2 love