

Give the Gift of LIFE!

THE OCHSNER BLOOD BANK

SHELBY LEONHARD MEMORIAL BLOOD DRIVE

\$10 for each donation will go towards a Scholarship to be awarded to a student blood donor from your school at the end of the year.

ARE YOU ELIGIBLE TO DONATE?

17 years and older must weigh 110lbs. to donate.
16 years old must weigh 120lbs. and have written parental consent.

Eat a healthy meal
before donating.

Drink LOTS of water
before & after your
donation.

Bring Photo ID.

Wednesday, February 17th
7am - 5pm

Academy of the Sacred Heart
4301 St. Charles Ave. - New Orleans
(Enter from Carondelet St.)
Mater Chapel

Consent Form



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Why Should I Donate Blood?

Donating Blood Saves Lives

- ◆ Approximately 4 out of every 10 people in the U.S. are eligible to give blood.
- ◆ Fewer than 1 in 10 actually donate.
- ◆ Approximately 1 out of every 7 people entering the hospital needs blood.
- ◆ 1 donation has the potential to save as many as 3 lives.
- ◆ 3 teaspoons of blood can save a baby's life.

Scholarship Program

- ◆ When you donate blood your name will be entered into the Scholarship drawing.
- ◆ For every blood donation, \$10 will go towards your school's Scholarship (Example: 50 donations will be a \$500 Scholarship).
- ◆ Scholarship guaranteed to go to a student blood donor at your school. If you're unable to donate blood, you can have a friend or family member donate on your behalf at any Ochsner Blood Bank location.
- ◆ All seniors who donate will be given a "Red Honor Cord" to wear at graduation.
- ◆ Free t-shirt, snacks and drinks to all blood donors.

FAQ's

Is there anything I need to do before my donation? Please be sure to eat and drink plenty of fluids before donating.

What will happen first? You will be asked to provide some basic information such as name, address, phone number and age. A brief medical history is taken and, using a finger stick, a drop of blood will be analyzed to make sure your hemoglobin levels are sufficient to donate. Your blood pressure and temperature will also be taken.

How long does the donation take and what happens? The procedure is done by a skilled, specially trained technician and will take 10 to 30 minutes.

How will I feel after the donation? Most people feel absolutely fine and even great knowing they just saved a life. We'll ask you to hang around for about 15 minutes and eat a snack and drink some water before returning to class.